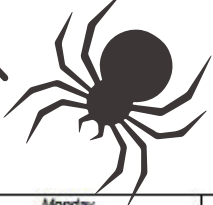


Group X Schedule: October 2018



Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5:30am		CANCELLED UNTIL FURTHER NOTICE		BodySculpt Nina B.		
5:45am	Cycle Marie		Cycle Marie		Cycle Marie	
9:00am	Cycle Patricia Kickboxing Nina B.	Cycle Patricia Boot Camp Penny	Cycle Patricia Kickboxing Nina B. Silver Sneakers Maribel	Cycle Patricia Step Deanna	BodyPump Meisha	ZUMBA Janet Cycle Erica
10:05am	BodySculpt Nina B.	Chair Yoga Sally Abs and A**! Patricia	ZUMBA Devin	Chair Yoga Sally Abs and A**! Patricia	ZUMBA Janelly	BodyPump Rachel Manuela (27th) Yoga Sally
11:00am	Silver Sneakers Maribel					
11:10am	ZUMBA Arturo	ZUMBA Arturo		Hip-Hop Aerobics Patricia	Total Body Johanna	Mixxd Fit Jovon
5:00pm		BodyPump Bernice		ZUMBA Arturo		
5:30pm	BodyPump Rachel		BodyPump Rachel			
6:00pm	Cycle Bernice	Cycle Bernice	Cycle Patricia	Cycle Patricia		
6:05pm		DANCE FITNESS Rachel YogaPilates Maribel		Yoga Teresa	ZUMBA Jonathan	
6:35pm	OMNI FITNESS CAMP Kasey STEP Rachel		OMNI FITNESS CAMP Kasey Advanced Step Rachel	Total Body Johanna		
7:00pm	YogaPilates Nina B.	Butts & Gutts Nina B.				
7:35pm	Upper Body Attack Patricia		ZUMBA Arturo			

Announcements:

- Member Appreciation Party & Trunk or Treat - October 29th
- Date Night - October 26th
- Any questions or concerns? - email diana@omnifitnesscenter.com

